

Who are Home-Start Kirklees?

Home-Start Kirklees is a volunteer led organisation committed to the welfare of children and families. We offer emotional and practical support to local families in Kirklees with children from birth, right up to their first term of school.



Children will have the best start in life
Families will be safe, healthy and resilient



How do we help?

- Assess family's needs to develop a package of support
- Provide a listening ear and emotional support
- Information, advice and guidance
- Signposting to other services
- Handholding to community-based provision or medical appointments
- Services are based around the principle of providing non-judgmental and compassionate help
- Confidential service (includes telephone befriending)
- Parents choose our support and lead any decision making



We recognise the ongoing challenges of raising children in a safe and nurturing environment coping with outside and internal pressures family life can bring: stresses of ill health both physical and mental, loneliness & isolation, disruptive relationships, insecure housing, financial worries, multiple birth of children under 5, trauma, abuse or loss.



**HELPING FAMILIES
WITH YOUNG CHILDREN**

Contact us



www.homestart-kirklees.org.uk



[/HSKirklees](https://www.facebook.com/HSKirklees)



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Home-Start Kirklees, 1st Floor, Bates Mill, Colne Road, Huddersfield HD1 3AG

We are a Charitable Incorporated Organisation (CIO), registered with Charity Commission. Registered Charity No 1099770.

Our Services

Home visiting support

Home-visiting support is at the heart of what we do. After meeting with the family to discuss their specific needs, we will match the family to a volunteer who has the skills and expertise to offer the best support. Volunteers commit to working with a family on a weekly basis, supporting in a range of ways to ensure they achieve positive change.



The Family Zone

This universal offer is held at The Zone, in partnership with Huddersfield Giants Community Trust.

It offers free use of the soft play equipment and is attended by Home-Start staff and volunteers who can offer confidential information and advice for families.

It runs every Monday during term-time from 9.30am-11am.

Peer Group Support

Weekly peer support sessions provide a comfortable, inclusive environment that enables parents and their children to meet, socialise and be supported in a respectful, confidential space.

Our groups help provide targeted support to isolated parents who may not have the confidence to take the first steps to build links within their own communities.

Young Parents Support

Our service helps young parents build on their strengths and skills, increases self-confidence, develops positive relationships and improves life chances, enabling young parents to achieve personal goals.

At Home-Start Kirklees, we believe that all young parents should have access to services to support their children to achieve the best start in life.



School Readiness

Delivered in early years, school settings and family homes, our school readiness service helps develop skills to be school ready.

- Confidence
- Independence
- Routines
- Communication and language skills
- Essential practical skills such as toileting etc.

This service supports Dads to help them understand the importance of attachment and bonding, their pivotal role as a dad and how the transition to fatherhood may affect them and their family.

We want to make sure dads know how important they are, how to access support when they need it and why it's essential for baby's development.



I was in a bad situation and would have been lost without your help. Supported Parent

ESOL

Partnered with Kirklees College, we offer a unique service where students attend ESOL classes and bring their children. Attending children will be supervised by staff and volunteers in the same room as their parents.

Taught by an Adult Learning Facilitator from Kirklees College, we run various courses in both North and South Kirklees.

Oral Health

This service supports the oral health of children aged 2-5 years in the most disadvantaged areas of the district. Working with nurseries, childminders, early years settings and school reception classes, we support staff with daily supervised toothbrushing.

We provide all equipment, resources, training, quality checks, and guidance so settings can have confidence in the programme.

